

(Call any of the practices or doctors for an appointment)

WINDHOEK

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Central Familiy Practice	Monday - Friday 08:00 - 17:00 Saturday 09:00 - 12:00	+264 61 411 150 +264 61 302 888 +264 81 379 5168	c/o Robert Mugabe & Conradie Street, Windhoek
Wanaheda Medical Centre	Monday - Sunday 08:00 - 19:00 Saturday 09:00 - 12:00	+264 61 210 255 +264 81 314 2480	Erf 530, Sabi Street, Wanaheda, Windhoek
Wanaheda Medical Centre Black Chain	Monday - Friday 08:00 - 19:00 Saturday - Sunday 08:00 - 14:00 Public Holidays 08:00 - 14:00	+264 61 256 358 +264 81 314 2480	Black Chain Shopping Centre, 105 Independence Avenue Katutura, Windhoek
Wanaheda Medical Centre Roman Catholic Hospital	Monday - Sunday 08:00 - 21:00	+264 61 300 808 +264 81 314 2480	Windhoek Roman Catholic Hospital Opposite Casualty Entrance
Oyetweni Health Centre Black Chain	Monday - Friday 08:00 - 17:00 Saturday 09:00 - 13:00	+264 61 227 173 +264 81 594 4792	No. 2454 Abraham Mashego Street, Soweto, Katutura
Elite Medical Practice	Monday - Friday 08:00 - 17:00	+264 61 238 373 +264 81 2468970	Erf 6881 Simeon Shixungileni Street, Windhoek

WALVIS BAY

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Dr Masunda	Monday - Friday 08:00 - 18:00 Saturday 09:00 - 13:00	+264 64 204705	Nathanael Maxuilili Street, Kuisebmond

SWAKOPMUND

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Mondesa Medical Practice Dr Innocent Ngwarati	Monday - Friday 09:00 - 19:00 Saturday -09:00 - 13:00	+264 81 670 5604	c/o Independence & Mandume Ndemufayo Avenue, Mondesa, Swakopmund

KHORIXAS

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Dr Uukonga Medical Practice	Monday - Friday 08:00 - 18:00 Saturday 08:00 - 14:00	+264 81 677 7080	Erf 4253 Khorixas Shopping Centre

OSHAKATI

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Dr Mgori Family Practice	Monday - Friday 08:00 - 18:00 Saturday 08:00 - 14:00	+264 81 464 9556 +264 81 717 8050	Erf 1156, Leo Shopala Street, Oshakati

OUTAPI

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Pegasus Medical Services DR Brian Chaka (Self dispensing)	Monday - Friday 08h00 - 18h00	+264 65 251373 +264 81 362 8091	Pegasus Medical Services Shop 27 Outapi Mall, Outapi

REHOBOTH

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
T Kalipi Medical Practice Dr Damon N Valipo (Self dispensing)	Monday - Friday 08h00 - 18h00 Saturday 09h00 - 15h00	+264 85 2655 014 +264 81 2655 014	Rehoboth Shopping Mall Shop 15 Rehoboth

TSUMEB

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Fountain Pharmaceuticals Dr Brighton Makura	Monday - Friday 08h30 - 18h00	+264 81 2076 080 +264 81 4741 282	Unit 25B Tsumeb Mall Tsumeb

SMS “LIST” to 31844 for more information
Standard SMS rates apply

Terms and Conditions apply



PHARMACIES: Designated service providers

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WINDHOEK

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Windhoek Pharmacy	Monday - Friday 08:00 - 17:00	+264 61 235 665	Independence Avenue, Namdeb Building, Windhoek
Medicine World Windhoek	Monday - Friday 09:00 - 19:00 Saturday 09:00 - 15:00	+264 61 301 366 +264 81 631 0061	Erf 6880 Simeon Shixungileni Street, Windhoek

SWAKOPMUND

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Central Pharmacy	Monday - Friday 08:00 - 18:00 Saturday 08:30 - 13:00 Sunday 10:00 - 12:00	+264 64 461 179	667 Cottage Avenue Tamariska, Swakopmund

WALVIS BAY

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Oasis Pharmacy	Monday - Friday 08:30 - 17:30 Saturday 09:00 - 13:00	+264 64 205 686	Mica Street, Walvis Bay

KHORIXAS

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Khorixas Pharmacy	Monday - Friday 08:00 - 18:00 Saturday 08:00 - 14:00 Public holidays 08:00 - 14:00	+264 63 247 792 +264 81 253 3303	Erf 4255 Shop #3 Khorixas Shopping Centre

OUTAPI

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Pegasus Medical Services DR Brian Chaka	Monday - Friday 08h00- 18h00	+264 65 251373 +264 81 362 8091	Pegasus Medical Services Shop 27 Outapi Mall, Outapi

REHOBOTH

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
T Kalipi Medical Practice Dr Damon N Valipo	Monday - Friday 08h00 - 18h00 Saturday 09h00 - 15h00	+264 85 2655 014 +264 81 2655 014	Rehoboth Shopping Mall Shop 15 Rehoboth

TSUMEB

Practice / Doctor Name	Operating Hours	Telephone Number	Physical Address
Quality Pharmacy Tsumeb Chawa Makura	Monday - Friday 09h00 - 18h00 Saturday 09h00 - 14h00	+264 81 3669 344	Shop 25B Tsumeb Mall Tsumeb

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